

Curriculum Vitae

Supatcha Konghakote, MS, PT

Personal information

Address: Department of Physical Therapy, Faculty of Associated Medical Sciences

Chiang Mai University, Chiang Mai, 50200, Thailand

Telephone: 66-53-94-9291

Fax: 66-53-94-6042

E-mail: Supatcha.k@cmu.ac.th

Academic Qualifications

2021 Master of science in Movement and Exercise Sciences, Chiang Mai University, Thailand.

2019 Bachelor of Science in Physical Therapy, Chiang Mai University, Thailand.

Positions and Appointments

2021-present Physical Therapist, Thaicycling Association, Thailand.

2021- present Physical Therapist and Clinical Instructor, Department of Physical Therapy, Faculty of Associated Medical Science, Chiang Mai University, Thailand.

Publications

Chuatrakoon B., **Konghakote S.**, Sa-nguanmoo P., Nantakool S. Long-term impact of SARS-CoV-2 infection on cardiorespiratory fitness: a meta-analysis, 11 (2023).

<https://www.frontiersin.org/articles/10.3389/fpubh.2023.1215486>

Nantakool, S.; Punturee, K.; **Konghakote, S.**; Sitthichoke, C.; Phirom, K.; Chuatrakoon, B. Immediate Effects of Aerobic Exercise and Whole-Body Vibration on Fat Oxidation, Lipid Mobilization,

and Cardiovascular Response in Individuals with Obesity. *J. Clin. Med.* 2024, 13, 44.

<https://doi.org/10.3390/jcm13010044>

Nantakool, S., Sa-nguanmoo, P., **Konghakote, S.**, Chuatrakoon, B. (2024). Effects of Exercise Rehabilitation on Cardiorespiratory Fitness in Long-COVID-19 Survivors: A Meta-Analysis. *Journal of Clinical Medicine*, 13(12), 3621

Nantakool S, Chuatrakoon B, Sittichoke C, **Konghakote S**, Rerkasem K, Buranapin S, Kanlayanee S, Pothaya N, Kidarn J. A comparison of walking performance between individuals with and without asymptomatic peripheral artery disease using the six-minute walk test and the incremental shuttle walk test. *Science Progress*. 2024 Oct;107(4):00368504241305822.

Khamjing C, Ngukhiew A, Kasemsah A, **Konghakote S**, Yaicharoen P, Pratanaphon S. Validity and reliability of a novel jumping jacks test for estimating maximal oxygen consumption in healthy young adults. *Natural and Life Sciences Communications*. 2025;24(1):e2025018.

Certificates

- Certification of completion the Kinesio Taping Foundations Course, Course requirements defined by Kinesio University® (2024)
- Certification of attendance in Exercise testing and prescription for improving cardiovascular health (2024)
- Certificate of attendance in Advanced Cardiac Prevention and Rehabilitation Training Program 2023

Research interest

- Cardiopulmonary and vascular rehabilitation
- Cardiorespiratory Fitness
- Sport performance
- Health innovations