

CURRICULUM VITAE

NIPAPORN THONGLORM, M.P.H., P.T.



PERSONAL INFORMATION



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EDUCATION



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| 2005-2007 | M.P.H. (Public Health), Chiang Mai University, Thailand |
| 1997-1999 | B.S. (Physical Therapy), Chiang Mai University, Thailand |



POSITIONS

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| 2000-present | Physical Therapist at the Department of Physical Therapy,
Faculty of Associated Medical Sciences, Chiang Mai University,
Thailand |
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HONORS AND AWARDS

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| 2025 | Distinguished Service Award (Professional Category) |
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FUNDING

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| 2025-2026 | PI, Development of frailty assessment skills and outcomes of a multicomponent exercise training program among prefrail and frail older adults in Lamphun Municipality, Lamphun Province. Matching Fund, Associated Medical Sciences, Chiang Mai University (100,000 Baht) |
| 2024-2025 | PI, Skill development for frailty assessment and outcomes of a multicomponent exercise training program in village health volunteers, Doi Lo Subdistrict, Chiang Mai Province. Matching Fund, Associated Medical Sciences, Chiang Mai University (100,000 Baht) |
| 2025-2026 | Co-investigator, The development of a board game to enhance knowledge and physical fitness in pre-aging and aging populations with type 2 diabetes mellitus. Associated Medical Sciences, Chiang Mai University (90,000 Baht) |
| 2023-2024 | Co-investigator, Prevalence and factors associated with frailty and sarcopenia in diabetic patients in Pahsak Subdistrict, Muang District, Lamphun. Challenge Fund, Associated Medical Sciences, Chiang Mai University (100,000 Baht) |
| 2020-2021 | Co-investigator, Prevalence and factors associated with frailty in community-dwelling Karen aging in Galyani Vadhana District, Chiang Mai. Associated Medical Sciences, Chiang Mai University (80,000 Baht) |

2020-2021 Co-investigator, Effectiveness of multicomponent physical activity and cognitive training in frail and sarcopenia in community-dwelling Karen aging in Galyani Vadhana District, Chiang Mai: Randomized clinical trial. Associated Medical Sciences, Chiang Mai University (100,000 Baht)



RESEARCH INTERESTS

- Frailty and Sarcopenia in Older Adults
- Community-Based Health Promotion and Rehabilitation



MEMBERSHIPS

- The Physical Therapy Association Thailand



PUBLICATIONS

International Publications:

Ariyachaikul, S., Kanthain, R., Thonglorm, N. (2020) Reliability and validity of the Osteoarthritis Research Society International minimal core set of recommended performance-based tests of physical function in knee osteoarthritis in community-dwelling adults. Malaysian Journal of Medical Sciences, 2020;27(2):77–89.

National Publications:

Chinchai, P., Kongsawasdi, S., Sirisatayawong, P., Apichai, S., Chuatrakoon, B., Thonglorm. (2024) Community rehabilitation by the trained village health volunteers on activities of daily living and quality of life in stroke survivors. Journal of Associated Medical Science, 2024; 57(2): 157-165.
