

CURRICULUM VITAE

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PERSONAL INFORMATION



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EDUCATION

2019-2022	M.P.H (Master of Public Health) Chiang Mai University, Thailand
2008-2011	B.S. (Physical Therapy) Mae Fah Luang University, Thailand



POSITIONS

2013 - present	Physical Therapist of Geriatric Physical Therapy, Department of Physical Therapy, Faculty of Associated Medical Sciences, Chiang Mai University, Thailand
2011- 2013	Physical Therapist, Medical Science Center, Faculty of medicine, Burapha University, Thailand



FUNDING

2025-2026	Co-investigator, The development of a board game to enhance knowledge and physical fitness in pre-aging and aging populations with type 2 diabetes mellitus. Associated Medical Sciences, Chiang Mai University (100,000 Baht)
2025-2026	Co-investigator, Development of frailty assessment skills and outcomes of a multicomponent exercise training program among prefrail and frail older adults in Lamphun Municipality, Lamphun Province. Matching Fund, Associated Medical Sciences, Chiang Mai University (100,000 Baht)
2024-2025	Co-investigator, Skill development for frailty assessment and outcomes of a multicomponent exercise training program in village health volunteers, Doi Lo Subdistrict, Chiang Mai Province. Matching Fund, Associated Medical Sciences, Chiang Mai University (100,000 Baht)

- 2023-2024 Co-investigator, Prevalence of chronic ankle instability and sensory system function in children playing sports. Associated Medical Sciences, Chiang Mai University (80,000 Baht)
- 2023-2024 Co-investigator, Alterations in cervical joint position sense, plantar foot vibration threshold and postural stability in patients with type 2 diabetes mellitus. Associated Medical Sciences, Chiang Mai University (73,480 Baht)
- 2023-2024 Co-investigator, Prevalence and factors associated with frailty and sarcopenia in diabetic patients in Pahsak Subdistrict, Muang District, Lamphun. Challenge Fund, Associated Medical Sciences, Chiang Mai University (100,000 Baht)
- 2021-2022 Co-investigator, Validity of the video-based system for measuring gait speed in older adults using 10-Meter Walk Test and Timed Up and Go Test. College of Arts, Media and Technology, Chiang Mai University (30,000 Baht)
- 2020-2021 Co-investigator, Effectiveness of multicomponent physical activity and cognitive training in frail and sarcopenia in community-dwelling Karen aging in Galyani Vadhana District, Chiang Mai: Randomized clinical trial. Associated Medical Sciences, Chiang Mai University (100,000 Baht)
- 2015-2016 Co-investigator, Short-term effect of cryotherapy on balance, proprioception, and postural sway in Thai elderly people. Associated Medical Sciences, Chiang Mai University (32,700 Baht)



RESEARCH INTERESTS

- Physical performance in older adults
- Rehabilitation, health promotion and prevention in older adults
- Fall in older adults



PUBLICATIONS

1. Boripuntakul S, Kamnardsiri T, Pholjaroen P, et al. (2024). Gait Speed Assessment in the 10-meter walk test for older adults using a computer vision-based system: A cross-sectional study on validity, reliability, and usability. Open Public Health Journal.
2. Kamnardsiri T, Thawinchai N, Paramayong A, Pholjaroen P, et al. (2023). Conventional video-based system for measuring the subtask speed of the Timed Up and Go Test in older adults: Validity and reliability study. PLOS ONE.
3. Pholjaroen P, Khamwong P, Thongprachum A. (2022). Relationship Between Health Belief Model and Health Promotion Behaviors for Musculoskeletal Disorders Prevention Among Red Car Taxi Drivers in Chiang Mai Province. Journal of Health Science.
4. Boripuntakul S, Sungkarat S, Paramayong A, Pholjaroen P. (2017). Immediate effects of cold on balance and proprioception in Thai healthy older adults. Journal of Associated Medical Sciences